

# HEALTHY EGG WHITE CHOICES

## **GF- BURNT ONION EGG WHITE PIZZA**

EGG WHITES FILLED WITH BURNT ONIONS, BUTTON MUSHROOMS AND BABY SPINACH, TOPPED WITH CHEF KEITH'S ZESTY TOMATO SAUCE, FRESH PARMESAN CHEESE AND LOW-FAT MOZZARELLA CHEESE 8.99

## **GF- EGG WHITE VEGETABLE PIZZA**

EGG WHITES FILLED WITH BROCCOLI, SQUASH, ZUCCHINI, CARROTS, SWEET ONIONS, MUSHROOMS, RED, YELLOW AND GREEN PEPPERS TOPPED WITH CHEF KEITH'S ZESTY TOMATO SAUCE, FRESH PARMESAN CHEESE AND LOW-FAT MOZZARELLA CHEESE 9.49

## **GF-GARDEN VEGGIE EGG WHITE OMELETTE**

THREE EGG WHITES FILLED WITH SPINACH, GREEN PEPPERS, SWEET ONIONS, MUSHROOMS & LOW FAT MOZZARELLA CHEESE TOPPED WITH DICED TOMATOES 9.49

## **GF-BURNT ONION OMELETTE**

THREE EGG WHITES FILLED WITH BURNT SWEET ONIONS, SPINACH, MUSHROOMS AND LOW FAT MOZZARELLA 8.99

## **GF-HEALTHY EGG WHITE OMELETTE**

THREE EGG WHITES FILLED WITH GRILLED CHICKEN BREAST, SPINACH & LOW FAT MOZZARELLA CHEESE TOPPED WITH DICED TOMATOES 9.99

## **GF-GREEN AVOCADO OMELETTE**

THREE EGG WHITES FILLED WITH BROCCOLI, SPINACH, AVOCADO AND LOW-FAT MOZZARELLA CHEESE 9.49

## **POWER WRAP**

EGG WHITES, TURKEY SAUSAGE, BABY SPINACH, MUSHROOMS AND SWISS CHEESE IN A SUN-DRIED TOMATO-BASIL LAWASH. 8.49