

HEALTHY EATING POWER BOWLS

GF-🍷 MEDITERRANEAN POWER BOWL

GRILLED CHICKEN BREAST SAUTÉED WITH VITAMIN-RICH BABY KALE, SWEET ONIONS, KALAMATA OLIVES AND RED PEPPERS SERVED OVER POWER-PACKED QUINOA TOPPED WITH LEMON SAUCE, TOASTED CHICKPEAS, FETA CHEESE AND TWO SUNNY SIDE EGGS 11.99

GF-NORTH ATLANTIC COD POWER BOWL

SAUTÉED BABY SPINACH, SWEET ONIONS, FRESH GREEN BEANS, SLIVERED CARROTS AND TOASTED ALMONDS OVER POWER-PACKED QUINOA TOPPED WITH BROILED COD FILETS SEASONED WITH GARLIC AND LEMON 14.99

GF-CHICKEN AVOCADO POWER BOWL

SAUTÉED CHICKEN BREAST, SWEET ONIONS, MIXED PEPPERS, CORN OFF THE COB AND BLACK BEANS ALL SIMMERED IN A FIRE ROASTED SALSA SERVED OVER POWER-PACKED QUINOA TOPPED WITH AVOCADO AND TWO SUNNY SIDE UP EGGS 12.99

GF-GARLIC CHICKEN POWER BOWL

CHICKEN BREAST, MIXED FRESH VEGGIES SAUTÉED IN LITE OLIVE OIL, FRESH GARLIC, LEMONS, BASIL AND THYME SERVED OVER PROTEIN-PACKED QUINOA 12.99

GF-🌿 CHERRY CHICKEN POWER BOWL

ROASTED ZUCCHINI, DRIED CHERRIES, ALL NATURAL WHITE-MEAT CHICKEN BREAST, SWEET ONIONS AND SLIVERED ALMONDS SAUTÉED WITH HERBS AND CHERRY SAUCE SERVED OVER POWER-PACKED QUINOA AND DRIZZLED WITH BALSAMIC REDUCTION 12.99

GF-GARDEN VEGETABLE POWER BOWL

FRESH SAUTÉED ZUCCHINI, BABY SPINACH, BUTTON MUSHROOMS, BROCCOLI FLORETS, SLIVERED CARROTS AND TOASTED ALMONDS ALL SAUTÉED IN LITE OLIVE OIL, BASIL, THYME AND FRESH GARLIC SERVED OVER POWER-PACKED QUINOA TOPPED WITH AVOCADO AND SCRAMBLED EGG WHITES 11.99