

# FREE-RANGE POULTRY

## **GF-LEMON FETA CHICKEN**

BONELESS CHICKEN BREAST MARINATED WITH LITE OLIVE OIL, FRESH LEMON AND CHEF KEITH'S SPECIAL SEASONINGS, GRILLED AND TOPPED WITH FETA CHEESE (PICK ONE STARCH AND ONE VEG) 10.99

## **CHICKEN POT PIE**

CHICKEN BREAST, ONIONS, CELERY, CARROTS, PEAS, CORN AND POTATOES SIMMERED IN A SPECIAL GRAVY & TOPPED WITH FILO DOUGH CRUST 9.99

## **CHICKEN STIR-FRY**

MARINATED CHICKEN BREAST, FRESH MIXED PEPPERS, SWEET ONIONS, CARROTS, BROCCOLI, SQUASH AND ZUCCHINI ALL SAUTÉED IN A TERIYAKI SAUCE SERVED OVER RICE PILAF 11.99

## **CHICKEN LEMONATO**

CHICKEN BREAST LIGHTLY BREADED IN ITALIAN BREAD CRUMBS, PAN FRIED AND TOPPED WITH LEMON SAUCE (PICK ONE STARCH AND ONE VEG) 10.99

## **GF- LOOSE CHICKEN SHISH KABOB**

CUBES OF MARINATED CHICKEN BREAST, SWEET ONIONS AND MIXED PEPPERS CHARGRILLED AND SERVED ON A GRILLED PITA WITH A SIDE OF TZATZIKI SAUCE (PICK ONE STARCH AND ONE VEG) 10.99

## **CHICKEN PARMESAN**

BREADED CHICKEN BREAST TOPPED WITH MEAT SAUCE, COVERED WITH MELTED PARMESAN & MOZZARELLA CHEESE SERVED WITH A SIDE OF PASTA WITH MEAT SAUCE AND GARLIC BREAD 11.99

## **CHICKEN STRIP DINNER**

BREADED CHICKEN STRIPS AND OUR FAMOUS FRENCH FRIES SERVED WITH RANCH DRESSING 10.49

## **OVEN ROASTED TURKEY DINNER**

OVEN ROASTED TURKEY BREAST TOPPED WITH GRAVY, SERVED WITH HERB STUFFING, MASHED POTATOES & GRAVY, CORN AND CRANBERRY SAUCE 12.99